# HEALTHY FAMILIES & MEDI-CAL FOR FAMILIES



Get complete medical, dental and vision coverage for children up to age 19.

# **BENEFITS:**

- Regular checkups (including well-child checkups)
- Immunizations
- Prescription medicine
- Lab and x-rays
- Dental and eye care (including eyeglasses)
- Mental health and substance abuse services
- Physician and hospital services

# **ELIGIBILITY**:

- Determined by family income, size and age of the child
- Covers children from birth up to age 19
- Available to U.S. citizens, U.S. nationals and qualified immigrant children regardless of date of entry (a child may qualify for some form of Medi-Cal, regardless of immigration status).
   All information is confidential.





Short, easy mail-in application—available in 11 languages!

#### HEALTHY FAMILIES

- No co-payment for preventive services such as immunizations.
- \$5 co-payment for non-preventive services such as illness.
- Monthly premiums from \$4 to \$9 per child per month to a maximum of \$27 for all children in the family.
- Choice of major medical, dental and vision health coverage plans.

#### **MEDI-CAL FOR FAMILIES**

- No-cost coverage.
- No monthly premiums.
- No co-payments for any benefit.



www.healthyfamilies.ca.gov

#### **WORKING FAMILIES QUALIFY!**

A family of four can make up to \$3,771 a month.

Healthy Families	Medi-Cal
\$4 - \$9 per month per child	\$0
All children in family, \$27 a month	

You choose your doctor and health plan!

You can get free help completing the application.

Other options are available for children who do not qualify for Healthy Families or Medi-Cal for Families

> Kaiser Permanente Care for Kids\* 1-800-255-5053

California Kids' (for undocumented children) 1-800-374-4KID

Not affiliated with or endorsed by the State of California. Eligibility is based on family size and income.

www.dhs.ca.gov/schoolhealth School Health Connections

California Department of Health Services



714 P Street, Room 750 Sacramento, CA 95814 Tel (916) 653-7746 Fax (916) 653-2781

## **OUTREACH TIPS TO GET YOUR DISTRICT INVOLVED!**

- 1. Inform parents about Healthy Families, Medi-Cal for Families and other affordable health coverage programs:
  - ★ Display health care coverage information and referral numbers:
  - on bulletin boards.
  - in the main school office.
  - in nurse, attendance or sports offices.
  - in locations around the school where parents may be present.
  - ★ Distribute information to parents:
  - during school registration, in back-to-school packets and at back-to-school nights, PTA meetings, open houses and school health fairs.
  - at sign-ups for sports and other extracurricular activities.
  - in school newsletters and with report cards and lunch menus.
- 2. Inform district and school staff on available coverage. Include:
  - nurses
- y school aides
- counselors/ social workers
- **v** coaches
- **y** teachers
- school office personnel
- Healthy Start staff

Ask staff to refer families to the Healthy Families/Medi-Cal for Families toll-free line (1-888-747-1222) for information and assistance.

- 3. Work with the school food services director to:
- ★ Include parent request for information fliers in the Free and Reduced Price Meals Applications sent home to parents.

- 4. Assist with enrollment activities:
  - ★ Refer families to a local community-based organization that has trained application assistants. These application assistants can help families free-of-charge in completing Healthy Families and Medi-Cal for Families.
  - ★ Provide space/facilities within your school district for local agencies and community-based organizations:
  - to hold special community enrollment events.
  - to operate a "Health Coverage Information" booth during school health fairs, physicals, immunization drives and vision and hearing testing days.
  - ★ Encourage staff to be trained as certified application assistants (CAA).
- 5. Contact your school board to:
  - ★ Adopt the California School Boards Association (CSBA) policy/resolution on affordable health care coverage.

For a copy, contact Martin Gonzalez, CSBA. at (916) 371-4691.

6. Askyour school or district public relations officer to help market information.

### SHARE YOUR OUTREACH ACTIVITIES

Contact Outreach in Action Editor, Cheewa James at (916) 657-1383 or cjames1@dhs.ca.gov



#### School Health Connections

## NEED HELP? HERE'S WHERE TO GO!

- Refer parents to the Healthy Families and Medi-Cal for Families toll-free number (operators speak 10 languages) 1-888-747-1222 to:
- ask questions about the health coverage programs.
- request a joint application.
- be referred to a certified application assistant (CAA).

School districts who want more information on the programs can also call.

- Wisit the Healthy Families
  Web Site at:
  www.healthyfamilies.ca.gov
- for more information on Healthy Families.
- for names of organizations that have certified application assistants.
- Call RHA (Richard Heath and Associates) at 1-888-237-6248:
- for applications and handbooks.
- to get names of agencies or community-based organizations that have certified application assistants.
- to get trained as a certified application assistant (CAA). CAAs earn up to \$50 for their school or district for every family enrolled in Healthy Families/Medi-Cal for Families.
- Call School Health Connections, Department of Health Services, at 1-916-653-7746:
- to get parent request for information fliers (available in 11 languages).